

I).1.Title: Yoga Classes:

2. Goal:

1. To enable the student to have good health.
2. To develop a great sense of self-discipline and self-confidence.

3. The context:

Yoga techniques provide improved attention in studies, better stamina and co-ordination for sports and a heightened awareness and balanced attitude for social activity.

Practice:

Yoga classes are conducted on every Fridays at the college campus by a well trained Yoga Guru.

Evidence of Success:

Students have become more cautious about their health and physical fitness. The overall discipline is improved. The self confidence is increased which helped them to get placed in the campus interviews.

II. 1. Title: Induction Programme

2. Goal:

To introduce students to the Institute's environment, its faculties and infrastructure and facilitate a smooth transitions the new life.

3. The context:

Induction programmes are aimed at familiarizing the students to an unknown campus environment, its faculties and infrastructure.

4. Practice:

The college organized the programme for the new batch for a period of **21 days**. The course, rules and regulations of the college, industry, career opportunities etc are explained in detail.

5. Evidence of Success:

The students are well disciplined as per our standards. The overall academic results are good.